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Why Go Red?

Cardiovascular diseases claim the lives of 1 in 3 women. Killing approximately one woman every minute.

What is Go Red?

Go Red for Women is the American Heart Association's movement to celebrate the energy, passion and power of women to stand together to wipe out heart disease. The Go Red for Women Luncheon is the cornerstone event of the Go Red For Women movement. This empowering event focuses on preventing heart disease and stroke by promoting healthy lifestyles and raising awareness through the support of the Dallas community to fund education and research of heart related science in women.

How can you make an impact?

WEAR RED

Sharing this educational message changes lives. Embrace Go Red with women's l women, neighbors or friends, and anyone who can impact the life of a woman by len

Donating to the cause makes a difference. For every \$1.00 raised, \$0.90 cents direct for women's heart health





American American Heart Stroke Association Association .

life is why™